



# LABOUR CONGRESS

BEYOND TOMORROW

APRIL 28 29 30 2023

**CIAL Convention Centre**, Cochin Airport, Nedumbassery

*Organised by*

Maternal Fetal Medicine Committee  
Kerala Federation of Obstetrics and Gynecology



**CONCISE PRACTICAL BASIC**

[www.kfogkerala.com](http://www.kfogkerala.com)

# LABOUR CONGRESS

BEYOND TOMORROW

APRIL 28 29 30 2023

CIAL Convention Centre, Cochin Airport, Nedumbassery

Dear colleague,  
 Labour and delivery is an art, which we as professionals should consider ourselves fortunate to share. All the same, the 280 day journey of the fetus, is at times prone to a myriad of complications, some of them unforeseen, making this art sometimes worrisome. This congress will definitely help to dispel certain myths, strengthen correct practices and introduce you to current thinking, so you will be happy, safe yet correct in your own practices. Do join us for 3 days of learning unparalleled - delivered to you with a punch !. Besides learning, entertainment, local hospitality and camaraderie are also guaranteed

Let us make our women healthier, safer and empowered !!



**Dr. V P Paily**

Organising Chairperson  
 State Coordinator Maternal Fetal  
 Medicine Committee, KFOG



**Jt. Organising Chairpersons**

**General  
 Convenor**

**Scientific  
 Chairperson**



Dr Sareena Gilvaz  
 KFOG President



Dr Aswathkumar  
 KFOG President  
 Elect



Dr M Venugopal



Dr Ambujam K.

## MASTER FACULTY



Dr. Justus Hofmeyr  
 South Africa



Dr. Ravichandran  
 Malaysia



Dr. Catherine Piercy  
 UK



Dr. Janesh Gupta  
 UK



Dr. Mark Waterstone  
 UK



Dr. Nuzath



Dr. Kameswari



Dr. Lakshmi  
 Seshadri



Dr. Susheela Rani



Dr. Nozer Sheriar



Dr. Chitra T V



Dr. Uma Ram



# CONFERENCE HIGHLIGHTS

We aim to be different from other conferences.  
There will be a lead discussant to pave the way for each topic.

No didactic lectures  
A Lead discussant  
with a team bringing out  
the practical aspects

Plenty of cross talks  
and healthy debates  
with audience  
interaction

Discussing  
controversies and  
conflicts to reach  
a consensus.

Focus on medico  
legal issues facing  
obstetricians  
Moot court & role play  
on Labour room  
Emergencies

CTG Tutorials by  
**Dr. Mark Waterstone**  
4 Hrs Case based  
CTG Analysis  
*Limited Seats*  
Paid Workshop

*Ante natal care*  
*Induction of Labour*  
*Labour Monitoring*  
*Conduct of Labour*  
*Instrumental delivery*  
*Breech delivery*  
*Multiple Pregnancy*  
*Perineal tear*  
*Cesarean section*  
*Difficult Cesarean*  
*Placenta accreta spectrum*  
*Post partum haemorrhage*  
*Obstetric Emergencies*  
*Acute Collapse*  
*Sepsis & Prevention*  
*FGR*  
*Medical complications*  
*Hypertension in Pregnancy*  
*Diabetes in Pregnancy*  
*Pre Term Labour/ PROM*  
*APH*  
*Newer Instruments & Drugs*  
*Cervical Cerclage*  
*Abortions*  
*Ectopic Pregnancy*  
*and List goes on .....*

Video presentations  
& mannequin  
demonstration  
Problem based learning  
& Update Trackers

Entertainments  
& Family Dinner

Platform for  
postgraduates -  
E poster  
presentation

Newer innovations,  
Instruments & Drugs  
with Practical  
application

Quiz with Audience  
participation on  
medical disorders

*Come and be a Part of this Conference*



Organised by  
Maternal Fetal Medicine Committee  
Kerala Federation of Obstetrics and Gynecology



APRIL 28 29 30 2023

CIAL Convention Centre, Cochin Airport

# PROGRAMME

## 28 April 2023, Friday

Time	Topic	Lead discussant	Invited faculty	State faculty
9.00 - 9.20	A/N Care	Sathi M S	Chitra T V	Vasanthi Jayaraj
9.20 - 9.50	Induction of labour	Resmy C R	Nuzhat Aziz	Sreedevi N S, Kammappa
9.50 - 10.35	Conduct of labour	Betsy Thomas, Paily V P	Ravichandran Nuzhat Aziz	Syamala Devi P K
10.35-10.50	Discussion			
<b>10.50 - 11.15</b>	<b>Coffee Break</b>			
11.15 - 11.45	CTG	Raji Raj	Mark Waterstone, Nuzhat Aziz	Georgy Eraly
11.45 - 12.15	Instrumental deliveries	Joshy Joseph N, Soumya R	Hofmeyr J, Nozer Sheriar	Jacob K J
12.15 - 12.55	C S Uncomplicated	Paily V P	Lakshmi Seshadri, Ravichandran	Sujamol Jacob
12.55 - 1.10	Questions Answers			
<b>01.10 - 2.00</b>	<b>Lunch</b>			
2 - 2.20	Breech	Paily V P	Lakshmi Seshadri	Agnes
2.20 - 2.50	Multiple pregnancy	Lekshmy Ammal	Susheela Rani Nozer Sheriar	Ajith S
2.50 - 3.20	Perineal & Vaginal tears	Ambujam K	Kameswari, Nozer Sheriar	Omana M
3.20 - 4.00	C S Complicated	Sareena Gilvaz	Hofmeyr J, Kameswari	Presanna Kumari
4.00 - 4.30	Open House, Take home points			
<b>5.00 - 9.00</b>	<b>CTG Workshop</b>	<b>Mark Waterstone</b> ( <i>Separate Registration Required</i> )		

## 29 April 2023, Saturday

Time	Topic	Lead discussant	Invited faculty	State faculty
8.30 - 8.55	Placenta Accreta Spectrum	Kunjamma Roy,	Kameswari, Hofmeyr Paily V P	Aswath Kumar
8.55 - 9.40	PPH	Paily V P	Hofmeyr, Susheela Rani	Samartha Ram, Hariprasad
9.40 - 10.15	Acute Collapse	Sangeetha Menon	Lakshmi Seshadri	Reena N R, Minu Priya
10.15 - 10.30	Discussion			
<b>10.30 - 11.00</b>	<b>Coffee Break</b>			
11.00 - 11.30	Sepsis	Deepthy M	Uma Ram, Nuzhat	Ramesh Kumar P P
11.30 - 12.00	FGR	Elizabeth Jacob	Nuzhat Aziz, Uma Ram	Bijoy Balakrishnan
12.00 - 12.20	Diabetes	Jyothi R Chandran	Uma Ram	Mayadevi Kurup
12.20 - 12.35	Discussion			
12.35 - 12.55	Preterm labour, PROM	Neetha George	Susheela Rani, Ravichandran	Bindu Menon
12.55 - 1.15	APH	Megha Jayaprakash	Chitra T V	Beena Kumari
1.15 - 1.25	Discussion			
<b>1.25 - 2.15</b>	<b>Lunch</b>			
2.15 - 2.55	Medicolegal, Moot court	V Rajasekharan Nair	Mark Waterstone, Subash Mallya	Shyjus, Reji, Manjula, Jayasree Vaman & Tvm team
2.55 - 3.15	Cervical cerclage	Paily V P	Hofmeyr	Mumtaz, Vasudeva Panicker
3.15 - 3.35	Intrapartum U S Scan	Raymond George	Uma Ram	Lalithambica
3.35 - 3.50	Discussion			
<b>3.50 - 4.20</b>	<b>Coffee break</b>			

4.20 - 4.40	Analgesia in labour	Geetha A P	Usha Shenoy, Susheela Rani	Nishi Roshini
4.40 - 5.10	Newborn Care	Prameela Menon	Raveendra Varma	Hema Warriier
5.10 - 6.00	Open House, Take home Points			

## 18.30 - 20.30 Entertainments & Dinner : The Hub - Thulasi & Team

### 30 April 2023, Sunday

Time	Topic	Lead discussant	Invited faculty	State faculty
8.30 - 8.50	Ectopic pregnancy	Vinayachandran	Kameswari, Nozer Sheriar	Radhamony Remanan
8.50 - 9.10	Abortions	Parvathy Deth	Nozer, Lakshmy Seshadri	Chellamma
9.10 - 9.30	Hypertension	Sekharan P K	Lakshmy Seshadri, Hofmeyr	Nirmala C
9.30 - 9.45	Discussion			
9.45 - 10.05	Innovations by Hofmeyr ( <i>Management of Shoulder dystocia &amp; others</i> )	Hofmeyr		Deepthy M
10.05 - 10.25	Lessons from Malaysian maternal death audit	Ravichandran		Venugopal
10.25 - 10.40	Discussion			
<b>10.40 - 11.00</b>	<b>Coffee break</b>			
11.00 - 11.30	Quiz- Epilepsy, Hematological disorders, Thyroid	Aswath Kumar		Briji Panicker, Shyama
11.30 - 12.00	Heart disease, APLA, Thrombo prophylaxis, Hyperemesis.	Catherine Nelson Piercy		Megha J P
12.00 - 12.30	Induction of Labour	Janesh Gupta		Resmy C R
12.30 - 1.10	Free Papers and Posters			

Time	Topic	Lead discussant	E- poster and Free paperpresentation for all delegates including Pgs.
<b>1.10 - 2.00</b>	<b>Lunch</b>		
2.00 - 2.10	Future of instrumental deliveries	Nozer in conversation with Suma	● Conference Registration is mandatory.
2.10 - 2.20	Should all meconium stained amniotic fluid be managed by cesarean section ?	Nuzhat Aziz in conversation with Archana	● There will be online presentation of free papers before the congress.
2.20 - 2.30	Who should treat perineal tears, Is colostomy necessary ?	Kameswari in conversation with Cynthia	● E posters will b screened at the venue
2.30 - 2.40	Advice to postpartum women - exercise, diet, breast feeding, sexual activity	Susheela Rani in conversation with Simi	● The best three papers and two E posters will get a chance for podium presentation.
2.40 -2.50	Should Robson classification be followed in every delivery ?	Chitra T V in conversation with Emy	● Paper presentation is for 5 mts + 2 mts discussion.
2.50 - 3.00	Should we abandon all vaginal deliveries & allow only c.sections?	Lakshmi Seshadri in conversation with Shameema	● Poster is only electronic and standard poster size.
3.00 - 3.10	Policy on VBAC	Mark Waterstone in conversation with Bindu Sajith	● A registered delegate can present either a paper or a E poster or both.
3.10 - 3.20	What recommendations for diagnosis & management of diabetes in pregnancy ?	Uma Ram in conversation with Lola	● Paper and E Poster presentations are a mandate for University examination eligibility as per NMC guidelines.
3.20-3.30	Episiotomy -When to give, how to suture, post episiotomy care-video supported	V P paily	● Abstracts of Free Papers and E Posters should be sent before March 31 to labourcongress23@gmail.com
3.30 - 3.40	Crash cesarean - how to reduce decision delivery interval	Raji Raj	
3.40 - 3.50	Should all IVF pregnancies be delivered by Cesarean ?	Sara Cherian, Soumya Ramakrishnan	
3.50 - 4.20	Open House and take home points		
4.20 - 4.30	Valedictory		

#### For DETAILS CONTACT

Dr. Deepthy M Mob: 9847267794, Dr. Betsy Thomas Mob: 9895579077  
Dr. Jyoti Ramesh Mob: 9995353512, Dr. Sangeetha Menon Mob: 9847343198

**To register visit: [www.kfogkerala.com](http://www.kfogkerala.com)**

## REGISTRATION DETAILS

	Delegate	PG	CTG Workshop	Single Day	Accompanying Person
<b>UPTO March 1</b>	₹12500	₹8000	₹3000	₹5000	₹7000
<b>March 1- April 15</b>	₹14000	₹9000	₹4000	₹6000	₹7500
<b>April 15 onwards</b>	₹15000	₹10000	₹5000	₹7000	₹8000

Above rates are incl. of GST

### For Accommodation and Travel

Please Contact: **Mr. Unniraj**, Concord Exotic Voyages (I) Pvt Ltd

**Mob: +91 9446057454** Email: [info@concordtours.in](mailto:info@concordtours.in)

### BANK DETAILS

*A/c No 0368053000033168 Name: KFOG Labour Congress Bank : South Indian Bank*

*Branch: East Fort Branch, Thrissur, Kerala. IFSC Code: SIBL0000368*

### For DETAILS CONTACT

Dr. Deepthy M Mob: 9847267794, Dr. Betsy Thomas Mob: 9895579077  
Dr. Jyoti Ramesh Mob: 9995353512, Dr. Sangeetha Menon Mob: 9847343198

Office : Mr. Varkey Mob: 90744 81907

### Conference Secretariat

**TOGS ACADEMIA**, Kizhakkumpattukara Road, East Fort  
Jubilee Mission Medical College P.O., Thrissur -680 005, Kerala  
Ph: **90744 81907** Email: [labourcongress23@gmail.com](mailto:labourcongress23@gmail.com)

[www.kfogkerala.com](http://www.kfogkerala.com)



For Registration  
Scan QR Code



Organised by  
Maternal Fetal Medicine Committee  
Kerala Federation of Obstetrics and Gynecology



APRIL 28 29 30 2023

CIAL Convention Centre, Cochin Airport

# PROGRAMME

## 28 April 2023, Friday

Time	Topic	Lead discussant	Invited faculty	State faculty
9.00 - 9.20	A/N Care	Sathi M S	Chitra T V	Vasanthi Jayaraj
9.20 - 9.50	Induction of labour	Resmy C R	Nuzhat Aziz	Sreedevi N S, Kammappa
9.50 - 10.35	Conduct of labour	Betsy Thomas, Paily V P	Ravichandran Nuzhat Aziz	Syamala Devi P K
10.35-10.50	Discussion			
<b>10.50 - 11.15</b>	<b>Coffee Break</b>			
11.15 - 11.45	CTG	Raji Raj	Mark Waterstone, Nuzhat Aziz	Georgy Eraly
11.45 - 12.15	Instrumental deliveries	Joshy Joseph N, Soumya R	Hofmeyr J, Nozer Sheriar	Jacob K J
12.15 - 12.55	C S Uncomplicated	Paily V P	Lakshmi Seshadri, Ravichandran	Sujamol Jacob
12.55 - 1.10	Questions Answers			
<b>01.10 - 2.00</b>	<b>Lunch</b>			
2 - 2.20	Breech	Paily V P	Lakshmi Seshadri	Agnes
2.20 - 2.50	Multiple pregnancy	Lekshmy Ammal	Susheela Rani Nozer Sheriar	Ajith S
2.50 - 3.20	Perineal & Vaginal tears	Ambujam K	Kameswari, Nozer Sheriar	Omana M
3.20 - 4.00	C S Complicated	Sareena Gilvaz	Hofmeyr J, Kameswari	Presanna Kumari
4.00 - 4.30	Open House, Take home points			
<b>5.00 - 9.00</b>	<b>CTG Workshop</b>	<b>Mark Waterstone</b> ( <i>Separate Registration Required</i> )		

## 29 April 2023, Saturday

Time	Topic	Lead discussant	Invited faculty	State faculty
8.30 - 8.55	Placenta Accreta Spectrum	Kunjamma Roy,	Kameswari, Hofmeyr Paily V P	Aswath Kumar
8.55 - 9.40	PPH	Paily V P	Hofmeyr, Susheela Rani	Samartha Ram, Hariprasad
9.40 - 10.15	Acute Collapse	Sangeetha Menon	Lakshmi Seshadri	Reena N R, Minu Priya
10.15 - 10.30	Discussion			
<b>10.30 - 11.00</b>	<b>Coffee Break</b>			
11.00 - 11.30	Sepsis	Deepthy M	Uma Ram, Nuzhat	Ramesh Kumar P P
11.30 - 12.00	FGR	Elizabeth Jacob	Nuzhat Aziz, Uma Ram	Bijoy Balakrishnan
12.00 - 12.20	Diabetes	Jyothi R Chandran	Uma Ram	Mayadevi Kurup
12.20 - 12.35	Discussion			
12.35 - 12.55	Preterm labour, PROM	Neetha George	Susheela Rani, Ravichandran	Bindu Menon
12.55 - 1.15	APH	Megha Jayaprakash	Chitra T V	Beena Kumari
1.15 - 1.25	Discussion			
<b>1.25 - 2.15</b>	<b>Lunch</b>			
2.15 - 2.55	Medicolegal, Moot court	V Rajasekharan Nair	Mark Waterstone, Subash Mallya	Shyjus, Reji, Manjula, Jayasree Vaman & Tvm team
2.55 - 3.15	Cervical cerclage	Paily V P	Hofmeyr	Mumtaz, Vasudeva Panicker
3.15 - 3.35	Intrapartum U S Scan	Raymond George	Uma Ram	Lalithambica
3.35 - 3.50	Discussion			
<b>3.50 - 4.20</b>	<b>Coffee break</b>			

4.20 - 4.40	Analgesia in labour	Geetha A P	Usha Shenoy, Susheela Rani	Nishi Roshini
4.40 - 5.10	Newborn Care	Prameela Menon	Raveendra Varma	Hema Warriier
5.10 - 6.00	Open House, Take home Points			

## 18.30 - 20.30 Entertainments & Dinner : The Hub - Thulasi & Team

### 30 April 2023, Sunday

Time	Topic	Lead discussant	Invited faculty	State faculty
8.30 - 8.50	Ectopic pregnancy	Vinayachandran	Kameswari, Nozer Sheriar	Radhamony Remanan
8.50 - 9.10	Abortions	Parvathy Deth	Nozer, Lakshmy Seshadri	Chellamma
9.10 - 9.30	Hypertension	Sekharan P K	Lakshmy Seshadri, Hofmeyr	Nirmala C
9.30 - 9.45	Discussion			
9.45 - 10.05	Innovations by Hofmeyr ( <i>Management of Shoulder dystocia &amp; others</i> )	Hofmeyr		Deepthy M
10.05 - 10.25	Lessons from Malaysian maternal death audit	Ravichandran		Venugopal
10.25 - 10.40	Discussion			
<b>10.40 - 11.00</b>	<b>Coffee break</b>			
11.00 - 11.30	Quiz- Epilepsy, Hematological disorders, Thyroid	Aswath Kumar		Briji Panicker, Shyama
11.30 - 12.00	Heart disease, APLA, Thrombo prophylaxis, Hyperemesis.	Catherine Nelson Piercy		Megha J P
12.00 - 12.30	Induction of Labour	Janesh Gupta		Resmy C R
12.30 - 1.10	Free Papers and Posters			

Time	Topic	Lead discussant	E- poster and Free paperpresentation for all delegates including Pgs.
<b>1.10 - 2.00</b>	<b>Lunch</b>		
2.00 - 2.10	Future of instrumental deliveries	Nozer in conversation with Suma	● Conference Registration is mandatory.
2.10 - 2.20	Should all meconium stained amniotic fluid be managed by cesarean section ?	Nuzhat Aziz in conversation with Archana	● There will be online presentation of free papers before the congress.
2.20 - 2.30	Who should treat perineal tears, Is colostomy necessary ?	Kameswari in conversation with Cynthia	● E posters will b screened at the venue
2.30 - 2.40	Advice to postpartum women - exercise, diet, breast feeding, sexual activity	Susheela Rani in conversation with Simi	● The best three papers and two E posters will get a chance for podium presentation.
2.40 -2.50	Should Robson classification be followed in every delivery ?	Chitra T V in conversation with Emy	● Paper presentation is for 5 mts + 2 mts discussion.
2.50 - 3.00	Should we abandon all vaginal deliveries & allow only c.sections?	Lakshmi Seshadri in conversation with Shameema	● Poster is only electronic and standard poster size.
3.00 - 3.10	Policy on VBAC	Mark Waterstone in conversation with Bindu Sajith	● A registered delegate can present either a paper or a E poster or both.
3.10 - 3.20	What recommendations for diagnosis & management of diabetes in pregnancy ?	Uma Ram in conversation with Lola	● Paper and E Poster presentations are a mandate for University examination eligibility as per NMC guidelines.
3.20 -3.30	Episiotomy -When to give, how to suture, post episiotomy care-video supported	V P paily	● Abstracts of Free Papers and E Posters should be sent before March 31 to labourcongress23@gmail.com
3.30 - 3.40	Crash cesarean - how to reduce decision delivery interval	Raji Raj	
3.40 - 3.50	Should all IVF pregnancies be delivered by Cesarean ?	Sara Cherian, Soumya Ramakrishnan	
3.50 - 4.20	Open House and take home points		
4.20 - 4.30	Valedictory		

#### For DETAILS CONTACT

Dr. Deepthy M Mob: 9847267794, Dr. Betsy Thomas Mob: 9895579077  
Dr. Jyoti Ramesh Mob: 9995353512, Dr. Sangeetha Menon Mob: 9847343198

**To register visit: [www.kfogkerala.com](http://www.kfogkerala.com)**



# LABOUR CONGRESS

BEYOND TOMORROW

APRIL 28 29 30 2023

CIAL Convention Centre, Airport Road, Nedumbassery



Organised by  
Maternal Fetal Medicine Committee  
Kerala Federation of Obstetrics and Gynecology

## REGISTRATION FORM

Name:

Institution Address:

Pin

Mobile:

E-mail:

MCI Reg. No.

	Delegate	PG	CTG Workshop	Single Day	Accompanying Person
<b>UPTO March 1</b>	<input type="checkbox"/> ₹12500	<input type="checkbox"/> ₹8000	<input type="checkbox"/> ₹3000	<input type="checkbox"/> ₹5000	<input type="checkbox"/> ₹7000
<b>March 1- April 15</b>	<input type="checkbox"/> ₹14000	<input type="checkbox"/> ₹9000	<input type="checkbox"/> ₹4000	<input type="checkbox"/> ₹6000	<input type="checkbox"/> ₹7500
<b>April 15 onwards</b>	<input type="checkbox"/> ₹15000	<input type="checkbox"/> ₹10000	<input type="checkbox"/> ₹5000	<input type="checkbox"/> ₹7000	<input type="checkbox"/> ₹8000

Above rates are incl. of GST

### For Accommodation and Travel

Please Contact: **Mr. Unniraj**, Concord Exotic Voyages (I) Pvt Ltd

**Mob: +91 9446057454** Email: info@concordtours.in

### BANK DETAILS

A/c No **0368053000033168** Name: **KFOG Labour Congress** Bank : South Indian Bank

Branch: East Fort Branch, Thrissur, Kerala. IFSC Code: **SIBL0000368**

### For DETAILS CONTACT

Dr. Deepthy M Mob: 9847267794, Dr. Betsy Thomas Mob: 9895579077  
Dr. Jyoti Ramesh Mob: 9995353512, Dr. Sangeetha Menon Mob: 9847343198

Office : Mr. Varkey Mob: **90744 81907**



For Registration  
Scan QR Code

### Conference Secretariat

**TOGS ACADEMIA**, Kizhakkumpattukara Road, East Fort  
Jubilee Mission Medical College P.O., Thrissur -680 005, Kerala  
Ph: **90744 81907** Email: labourcongress23@gmail.com  
**www.kfogkerala.com**

Please send payment transfer receipt along with this registration form.