



Women's Health, let's do it right !

46th ALL KERALA CONGRESS OF OBSTETRICS & GYNECOLOGY 9 ♦ 10 ♦ 11 | FEBRUARY | 2024



VIJAYA INTERNATIONAL CONVENTION CENTRE, THIRUVALLA

JOINTLY ORGANISED BY
The Alappuzha O & G Society and the Department of Obstetrics & Gynecology
TD Medical College Alappuzha under the aegis of KFOG





WELCOME MESSAGE

Dear colleagues,

Welcome to AKCOG 2024!

The theme of AKCOG 2024 is ***“Women’s health – let’s do it right!”***

We at Alappuzha are eagerly looking forward to hosting you on 9th, 10th and 11th of Feb 2024, at the Vijaya International Convention Centre Thiruvalla, for a stunning academic experience.

Much thought and endeavour has gone into planning the scientific content. It is our intention to deliver key messages in novel ways. Cross talks, capsules, debates, “yes yes or no no” in addition to traditional scientific sessions.

Not to forget the networking, meeting up with old pals and the heart stopping cultural evening, making your weekend well worthwhile.

We are a small society, with big dreams and an even bigger heart! The rich culture and heritage of this idyllic sea facing district bears no parallel. Be it the exquisite cuisine, or the gently swaying palms, or the soft swish of the backwaters – we have all these for you.

Come, learn, enjoy and make it an experience to treasure!

Best always

Organizing team

AKCOG 2024

ORGANIZING COMMITTEE

Our Patrons



Dr M Sukumaran



Dr M J Koshy



Dr Linnie Eapen



Dr Miriam Varkey

Our Mentors



Dr V P Paily



Dr V Rajasekharan Nair



Dr P K Sekharan

KFOG Office Bearers



Dr Aswath Kumar
KFOG President



Dr Venugopal M
KFOG Secretary



Dr Bindu M
Treasurer



Dr K U Kunjumoideen
President Elect

Organizing Chairpersons



Dr Lalithambica Karunakaran



Dr Sangeetha Menon

Organizing Secretaries



Dr Anasooya P S



Dr Thanku Thomas Koshy

Treasurers



Dr Rachel Alexander



Dr Deepthi P S

Scientific Committee:

Dr Sangeetha Menon
Dr Acka Priya Varghese
Dr Bindu Nambisan
Dr Shylamma
Dr Anu Ivan Koshy
Dr Anu Philip
Dr Vimalamma Devasia
Dr Anup

Workshop Committee:

Dr Anasooya P S
Dr Sapna Devi
Dr Ancy
Dr Micky Toms
Dr Neena Ananthan
Dr Sujatha Issac
Dr Rugmini
Dr Neena Devasia

Registration and Reception Committee:

Dr Adma Harshan
Dr Deepthi Raghavan
Dr Sr Lia
Dr Sr Bridgette
Dr Shainy
Dr Laila Markose
Dr Jisha Jayaprakash

Papers and Poster Presentation:

Dr Deepthi Raghavan
Dr Dinu Simon
Dr Anugrah Vasu
Dr Lakshmi Pillai
Dr Sr Gretta
Dr Indu G.S
Dr Resmi V
Dr Deepthy D P
Dr Sapna S
Dr Ameena

Souvenir and Mementos:

Dr Sreekumari U
Dr Shilpa Nair
Dr Beena Satyan
Dr Divya Gopinath
Dr Grace Kuruvilla
Dr Shilpa Govind
Dr Rinta

Travel and Accommodation:

Dr Shilpa Nair
Dr Dona Jose
Dr Sreelakshmi
Dr Kuttappan
Dr Khairunissa
Dr Salim C Eapen
Dr Joseph George
Dr Anita Carmel
Dr Reshma

Food and Venue:

Dr Radhamma
Dr Laila C Markose
Dr Sudha Sajeevan
Dr Chandrika
Dr Maya S
Dr Anugrah
Dr Anup

Cultural Coordinators:

Dr Thanku Koshy
Dr Sreekumari U
Dr Sreeja
Dr Anugrah Vasu
Dr Dinu Simon
Dr Resmi V
Dr Deepthy D P
Dr Neena Chandran

International Faculty



Dr Kim Hinshaw

Consultant Obstetrician, Sunderland Royal South
Tyneside and Sunderland NHS Foundation Trust



Dr Ashok Kumar

Senior Attending Physician,
Sidereal Medicine, Qatar



Dr Ajay Swaminathan

Consultant Gynaecologist,
Mid Cheshire (Leighton) Hospital, UK

National faculty

Dr Amita Maheshwari - Tata Institute - Mumbai

Dr Bharti Sharma - Chandigarh

Dr Bhaskar Pal - Kolkatta

Dr Bhupesh Goyal - Pune

Dr Chittaranjan Yagnik - Pune

Dr Kameshwari S - Hyderabad

Dr K Manikandan - Puduchery

Dr Lilly Verghese CMC - Vellore

Dr M C Patel - Ahmedabad

Dr Prasanna N Kumar - Coimbatore

Dr Uma Ram - Chennai

Non Ob Gyn state faculty

Dr Anila Tresa - Trivandrum

Dr Anjana J S - Trivandrum

Dr Chitratar K - Kochi

Dr Dhanya Dhinesh - Trivandrum

Dr Dileep Damodaran - Calicut

Dr P B Gujaral - Palakkad

Dr Nandini Prasad - Parumala

Dr R Padmakumar - Kochi

Dr Padmanabha Shenoy - Kochi

Dr Rema P - Trivandrum

Dr Sreelatha Nair - Adoor

Dr Sundeep Vijayaraghavan - Kochi

Dr Sankar V H - Trivandrum

Dr Sucheta S - Trivandrum

State Faculty

Dr Abhishek Radhakrishnan
 Dr Acka Priya Verghese
 Dr Adarsh D
 Dr Agnes Mathew
 Dr Ajay Kumar
 Dr Ajith S
 Dr Ajitha P N
 Dr Ajitha R N
 Dr Ajitha Raveendran
 Dr Ambarish Bhandiwad
 Dr Ambujam K
 Dr Amritha Ramachandran
 Dr Anasooya PS
 Dr Ancy T Jacob
 Dr Anitha Joseph
 Dr Anitha M
 Dr Anu Philip
 Dr Anusmitha Andrews
 Dr Asha G Nath
 Dr Ashok Kumar
 Dr Ashwath Kumar
 Dr Ashwathy Kumar
 Dr Basil Mathew
 Dr Beena George
 Dr Beena Kumari
 Dr Beena P K
 Dr Bessy Binu Sam
 Dr Betsy Thomas
 Dr Bhavya A B
 Dr Bijooy Balakrishnan
 Dr Biju Parameshwaran
 Dr Bimal John
 Dr Bindu Menon
 Dr Bindu Nambisan
 Dr Bindu Vijayakumar
 Dr Brij Panicker
 Dr Chaitra T M
 Dr Chellamma V K
 Dr Chithra R
 Dr Cynthia A K
 Dr Cyriac Pappachan
 Dr Deepthi B
 Dr Deepthi M
 Dr Deepthi Nair
 Dr Deepthi P S
 Dr Deepti Murali
 Dr Dinu Simon
 Dr Elizabeth Jacob
 Dr Elizabeth Joseph
 Dr Emy Globin
 Dr Fathima Thasneem
 Dr Fessy Loius
 Dr Geetha A P
 Dr George Paul
 Dr Georgy Joy Eralil
 Dr Gissy George Kurian
 Dr Hafeez Rahman

Dr Hariprasad
 Dr Hema Warriar
 Dr Jaimie T Jacob
 Dr Jaipal Johnson
 Dr Jayakrishnan K B
 Dr Jeena Baburaj
 Dr Jitha S
 Dr Joshy Joseph Neelankavil
 Dr Jyothi Mancheri
 Dr Jyothi Ramesh Chandran
 Dr K Jayakrishnan
 Dr K U Kunjumoideen
 Dr Kala B S
 Dr Kala Pramod
 Dr Kavitha L S
 Dr Kevin Jose
 Dr Kitty Elizabeth Mammen
 Dr Kunjamma Roy
 Dr Lakshmi Ammal
 Dr Lakshmi Vinodh
 Dr Lekshmi S
 Dr Lola Ramachandran
 Dr Manjula M
 Dr Maya Devi Kurup
 Dr Maya Mallya
 Dr Micky Toms
 Dr Mini Balakrishnan
 Dr Minu Priya
 Dr Mumtaz P
 Dr Neena Ananthan
 Dr Neena Devasia
 Dr Neeta George
 Dr Nirmala C
 Dr Nirpin Cleetus
 Dr Nishi Roshini
 Dr Omana Madhusudhanan
 Dr P K Syamala
 Dr Parasuram Gopinath
 Dr Parvathy Deth
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 Dr Pio James
 Dr Prameela Menon
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 Dr Presenna Kumari B
 Dr Radhamany K
 Dr Radhamma E.K
 Dr Radhamony D
 Dr Raji Raj
 Dr Raju Nair
 Dr Ramesh P
 Dr Rani Lakshmi
 Dr Raymond George
 Dr Reena N R
 Dr Reethi Rajan

Dr Rejeesh Ravi
 Dr Reji Mohan
 Dr Reshma Sajan
 Dr Reshmi C R
 Dr Reshmi J R
 Dr Resmi V
 Dr S Vinayachandran
 Dr Sabila A
 Dr Sajala Vimalraj
 Dr Salim C Eapen
 Dr Sam P Abraham
 Dr Samartha Ram
 Dr Sanam Basheer
 Dr Sandip Dutta Roy
 Dr Sangeetha D G
 Dr Sapna Devi
 Dr Sapna Sreedhar
 Dr Sareena Gilvaz
 Dr Sathi MS
 Dr Sekharan P K
 Dr Shameema Anvarsadath
 Dr Sheela T Shenoy
 Dr Sheila Balakrishnan
 Dr Sherin Punnoose
 Dr Shony
 Dr Shruthi A.G
 Dr Shyjus Nair
 Dr Smithy Sanal
 Dr Sreedevi N S
 Dr Sreekumari U
 Dr Sreelatha Nair
 Dr Subhash Mallya
 Dr Suchithra Sudhir
 Dr Sudha Menon
 Dr Sujamol Jacob
 Dr Sujatha Issac
 Dr Sujatha T L
 Dr Suma Vishnu
 Dr Susan Thomas
 Dr Sushanth Y S
 Dr Swapna Bhaskar
 Dr Swapna C S
 Dr Syama Devadasan
 Dr Thanooja
 Dr Uma Randheer
 Dr Uma T
 Dr Urmila soman
 Dr Usha M G
 Dr V P Paily
 Dr V Rajasekharan Nair
 Dr Vasantha Kumari
 Dr Vasudeva Panicker
 Dr Venugopal M
 Dr Vijayalekshmi Pillai
 Dr Vimalamma Devasia
 Dr Vinitha Wills

SCIENTIFIC PROGRAM

WORKSHOP 1

“Obstetric drills and skills – mother’s lives matter”

Friday Feb 9 2024 – 9 am -2 pm

Kunchan Nambiar Hall

Hall Co Ordinators : Dr Adma Harshan, Dr Bindu Nambisan, Dr Kavitha L S

Workshop Co Ordinators : Dr V P Paily, Dr Ambujam K

Session 1 - Obstetric hemorrhage

9 -9.15 am	Gut response to Atonic PPH	Dr Ajith S	Chairpersons
9.15 - 9.30 am	Traumatic PPH – where do we go wrong ?	Dr Lola Ramachandran	Dr M J Koshy Dr Shylamma Dr Sreedevi N S
9.30 -9.45 am	Placenta Accreta Spectrum – defining safety limits	Dr V P Paily	
9.45 - 10 am	Making instrumental deliveries safer	Dr Kim Hinshaw	
5 X 5 shot	AMTSL – let’s be right !	Dr Dinu Simon	
10.05 - 10.20 am	Discussion		

Session 2 - Obstetric injuries

10.20 - 10.35 am	OASIS – prevention and management	Dr Kameshwari S	Chairpersons :
10.35 - 10.50 am	The difficult CS	Dr S Vinaychandran	Dr Nandini V R Dr Susan Mathew
10.50 - 11.05 am	Shoulder dystocia – what after Mc Robert ?	Dr Kim Hinshaw	
5 X 5 Shot	Magnesium sulphate for neuro protection	Dr Sapna Devi	
11.10 - 11.25 am	Discussion		

11.25 – 11.40 am – Coffee time

Session 3 - Getting ready to deliver

11.40 - 11.55 am	IOL at 39 weeks – have we “ARRIVED ” ?	Dr Beena Kumari	Chairpersons : Dr Deepa Madhavan Nambiar Dr Shyjus Nair
11.55 am - 12.10 pm	Some perplexing CTGs – interpretation in the current context	Dr Raji Raj	
12.10 pm -12.25 pm	Labour Care Guide– a critical analysis	Dr Ambujam K	
12.25 -12.40 pm	Delivery plan in multiples	Dr Geetha A P	
5X5 shot	Antenatal corticosteroids – are we doing any harm ?	Dr Bhavya A B	
12.45 - 1 pm	Discussion		

Session 4 - Lets wrap it up !

1 – 1.45 pm – Symposium

Obstetrics is often a tight rope walk !

A discussion of cases that gave Obstetricians nightmares !

Chair : Dr Lakshmi Ammal

Members: Dr Bindu Menon, Dr Neeta George, Dr Manjula M, Dr Deepthi Nair

2 – 3 pm Lunch

WORKSHOP 2

“Vaginal surgery made simple”

Friday Feb 9 2024 – 9 am - 2 pm

Thakazhy hall

Hall Co ordinators : Dr Rachel Alexander, Dr Deepthi PS

Workshop co ordinators : Dr Elizabeth Jacob, Dr Cynthia A K

Session 1 :

9 - 9.15 am	Tips at routine vaginal hysterectomy for prolapse	Dr P K Syamala	Chairpersons : Dr Sheela C Babu Dr Rachel Mathew
9.15 - 9.30 am	NDVH for large uterus	Dr Elizabeth Jacob	
9.30 - 9.45 am	Vaginal hysterectomy with a prev CS	Dr Jaipal Johnson	
9.45 - 10 am	Fothergills and its relevance today	Dr Usha M G	
Video clip	Perfecting the Mc Call	Dr Cynthia A K	
10.05 - 10.20 am	Discussion		

Session 2 :

10.20 - 10.50 am	Approach to vault prolapse – lap vs vaginal – an expert comparison	Dr Urmila Soman and Dr Lilly Varghese	Chairpersons : Dr M Sukumaran Dr Anu Ivan Koshy
10.50 - 11.05 am	Oophorectomy at vaginal hysterectomy – why not ?	Dr V P Paily	
5X5 Shot	Trans vaginal repair of an isthmocele	Dr Joshy Joseph Neelankavil	
11.10 - 11.15 am	Discussion		

11.15 – 11.30 am – Coffee time

Session 3 - Vaginal surgery is not all prolapse

11.30 am - 11.45 am	Vaginal septum resection and reconstruction	Dr Hafeez Rahman	Chairpersons : Dr Shaila S Dr Sivakumar
11.45 - 12 noon	Stress incontinence – current surgical repair	Dr Sareena Gilwaz	
12 - 12.15 pm	CPT – effective repair	Dr Lilly Verghese	
Video	Tackling a Bartholins cyst	Dr Jitha S	
12.20 - 12.35 pm	Discussion		

Session 4 - Striving to achieve the WHO call for cervical cancer elimination

12.35 - 12.50 pm	Ca cervix screening – let's do it right !	Dr Anila Tresa	Chairpersons : Dr Vimalamma Devasia Dr Radhamani K Dr Hariprasad
12.50 - 1.05 pm	Cervical conization – a lost art ?	Dr Anjana J S	
1.05 - 1.20 pm	Colposcopy- the spectrum from normal to HSIL	Dr Dhanya Dhinesh	
1.20 - 1.35 pm	Ablative vs excisional procedures for pre invasive lesions on the cervix	Dr Jeena Baburaj	
1.35 - 1.50 pm	Discussion		

2 – 3 pm Lunch

WORKSHOP 3

“Endoscopy – from simple to complex”

Friday Feb 9 2024 – 9 am - 2 pm

Vayalar Hall

Hall Co ordinators : Dr Anasooya P S, Dr Micky Toms

Workshop Cordinators : Dr Reji Mohan, Dr Sushanth

Session 1 :

9 - 9.15 am	Port positioning at laparoscopy	Dr Ajitha PN	Chairpersons :
9.15 - 9.30 am	Principles of electro surgery and knowing your equipment well	Dr George Paul	Dr Smithy Sanal Dr Maya Mallya
9.30 - 9.45 am	Laparoscopy in pregnancy – a reality!	Dr Cyriac Pappachan	
9.45 - 10 am	Radical lap hysterectomy	Dr Hafeez Rehman	
Video	Ovarian dermoid – Baggit! !	Dr Sushanth	
10.05 - 10.20 am	Discussion		

Session 2 :

10.20 - 10.35 am	The difficult TLH	Dr PG Paul	Chairpersons :
10.35 - 10.50 am	Lap myomectomy- perfecting suturing skills	Dr Bimal John	Dr Sudha Menon Dr Beena P K
10.50 - 11.05 am	In bag morcellation techniques	Dr Ashwath Kumar	
11.05 - 11.20 am	Discussion		

11.20 – 11.40 am – Coffee time

Session 3 :

11.40 - 11.55 am	Know your hysteroscope and defining normalcy	Dr Subhash Mallya	Chairpersons Dr Parasuram Gopinath Dr Salim C Eapen
11.55 - 12. 10 pm	Sub mucus fibroid via the hysteroscope	Dr Fessy Louis	
12.10 - 12.25 pm	Septal resection	Dr Sandip Dutta Roy	
12.25 - 12.40 pm	Complications at hysteroscopy	Dr Reji Mohan	
12.40 - 12.55 pm	Ambulatory hysteroscopy	Dr Abhishek Radhakrishnan	
Shot video	Polyyps at hysteroscopy	Dr Chaitra T M	
1.00 - 1.15 pm	Discussion		

Session 4 :

1.15 – 2 pm : Quiz the experts.

Experts : Dr Hafeez Rehman, Dr Fessy Louis, Dr Subhash Mallya, Dr Urmila Soman
Quiz master : Dr Paul PG

2 – 3 pm Lunch

SCIENTIFIC PROGRAM

Day 1 - Friday Feb 9 - 2024

Session 1 :

Kunchan Nambiar Hall			Chairpersons:	Thakazhy Hall
4.00 - 4.15 pm	Menopause - Does it need diagnosis and treatment - a cross talk	Dr Shyjus Nair, Dr Bindu Nambisan	Dr Omana Madhusudhanan, Dr Reji Mohan	3-4 pm KFOG management committee meeting
4.15 - 4.30 pm	Hormones and cancer	Dr Ajay Swaminathan		
4.30 - 4.50 pm	A round table discussion on breaking bad news !	Dr V Rajasekharan Nair, Dr V P Paily, Dr P K Sekharan in conversation with Dr Venugopal M	Dr Vijayalekshmi Pillai, Dr Subhash Mallya	
Keynote Address:				
4.50 - 5.10 pm	Complications in Laparoscopic work	Dr Ashwath Kumar		
5.10 - 5.25 pm	Gender, a choice ?	Dr V Rajasekharan Nair		
5.25 - 5.45 pm	Sex reassignment surgeries in M to F Transgender	Dr Sundeep Vijayaraghavan		

5.45 – 6.45 pm Inauguration

6.45 pm – Entertainment followed by dinner

SCIENTIFIC PROGRAM

Day 2 - Saturday Feb 10 - 2024

Session 1 :

Kunchan Nambiar hall	Thakazhy hall	Vayalar hall
8-8.45 am - Free Paper Session	8-8.45 am - Free Paper Session	8-8.45 am - Free Paper Session
Obstetrics	Reproductive medicine	Obstetrics
Chairpersons : Dr Nirmala C, Dr Kavitha L S, Dr Ajay Kumar	Chairpersons Dr Maya Mallya, Dr Sherin Punnoose	Chairpersons : Dr Deepthi B, Dr Sapna Sreedhar
8.45-9 am - Uterine sparing surgeries in Placenta Acreta Spectrum Dr Vasudeva Panicker	8.45-9 am - Gonadotropins for Ol in non ART cycles Dr Sam P Abraham	8.45-9 am - Fore water densities in programming labour Dr Samartha Ram
9-9.15 am — PPCM is it becoming a loose label ? Dr Georgy Joy Eralil	9-9.45 am Case based panel discussion on Amenorrhoea. Moderator : Dr Bhupesh Goyal Panelists : Dr Reshmy C R, Dr Shameema Anvarsadath, Dr Lakshmi Vinodh, Dr Brijji Paniker Dr Susan Thomas	9- 9.15am – Scar ectopic Dr Prameela Menon
9.15-9.30 am – IHCP- diagnosis and management Dr Sheela Shenoy		9.15 – 9.30 am Rehydration pack in hyperemesis gravidarum and the PUQE score Dr Sathi M S
9.30-9.45 am – Choosing the right insulin and dose in diabetes in pregnancy. Dr Nandini Prasad	9.45 – 10 am - The rare vesico vaginal fistula - how to diagnose and essentials of repair Dr Bhupesh Goyal	9.30 – 9.45 am – Important vaccines in pregnancy – a cross talk between Dr Jamie T Jacob and Dr N S Sreedevi
9.45 – 10 am – Biomarkers in the diagnosis and prognostication of pre eclampsia Dr P K Sekharan		9.45 – 10 am – Current role of progesterone in pregnancy Dr Betsy Thomas
5X5 Shot – ASPRE and its implications for the practicing Obstetrician Dr Suma Vishnu	5X5 Shot – Working up a Ferriman Gallwey score of 12 in a 15 yr old Dr Reshma Sajan	5X5 Shot – Single vs double dose MTX in ectopic pregnancy Dr Aswathy Kumar
10.05 – 10.20 am Discussion	10.05 – 10.20 am Discussion	10.05 – 10.20 am - Discussion

Session 2 :

Kunchan Nambiar Hall	Thakazhy hall	Vayalar hall
Sonography and Fetal medicine	Mixed bag	Oncology
Chairpersons : Dr Rani Lekshmy, Dr Agnes Mathew	Chairpersons : Dr Sheela Shenoy, Dr Vinitha Willis	Chairpersons : Dr Suchithra Sudhir, Dr Thanooja
10.20 - 10.35 am - POCUS has come to stay ! Dr Bindu Vijaykumar	10.20 - 11.05 am Reverse panel on Fertility problems faced by the generalist. Moderator : Dr Sheila Balakrishnan, Dr Ramesh P Panelists : Dr Patsy Verghese, Dr Elizabeth Joseph, Dr Reethi Rajan, Dr Kitty Elizabeth Mammen	10.20 - 10.35 am - Understanding Ca Endometrium staging in 2024 Dr Amrutha Ramachandran
10.35 - 10.50 am - Learning to counsel after an anomaly scan - a cross talk between Dr Sabila A and Dr Bijoy Balakrishnan	11.05 – 11.20 am : RPL - any more light to shine ? Dr Radhamony K	10.35 - 10.50 am - Learn a correctly done staging laparotomy Dr Sucheta S
10.50 - 11.05 am The math of FGR Dr K Manikandan		10.50 - 11.05 am - CRS and HIPEC in ovarian cancer Dr Dileep Damodaran
5x5 Shot – Getting the maximum out of the first trimester USG- Dr Anitha Joseph	5x5 Shot – Urinary friendly antibiotics Dr Preetha George	5x5 Shot – Minimally Invasive Surgery in Ca Ovary Dr Adarsh D
5x5 Shot – Measure cervical length the right way ! Dr Raymond George		
11.15 - 11.25 am Discussion		11.10 - 11.25 am Discussion

11.25 – 11.40 am – Coffee time

Session 3 :

Kunchan Nambiar Hall	Thakazhy hall	Vayalar hall
Endoscopy	Menopause	Endocrinology for the Ob Gyn
Chairpersons : Dr Sheila Balakrishnan, Dr Ashwath Kumar	Chairpersons : Dr P K Syamala Devi, Dr Betsy Thomas	Chairpersons: Dr Reshmy C R, Dr Sathi M S
11.40 - 11.55 am Sentinel LN sampling in Ca Endometrium Dr Rema P	11.40 - 11.55 am - Current options for bone health in menopause Dr Chellamma V K	11.40 - 11.55 am - Minimum basic standards in Thyroid function testing and interpretation in pregnancy Dr Sujamol Jacob
11.55 - 12.10 pm - Borderline ovarian tumor in the young girl Dr K Jayakrishnan	11.55 - 12.15 pm Hysterectomy – for whom and why ? Dr Bhaskar Pal	11.55 - 12.10 pm - Hyperprolactinemia Dr Beena George
12.10 - 12.25 pm - Fertility enhancing surgeries - controversies Dr K U Kunjumoideen	12.15 - 12. 30 pm Endometrial hyperplasia does not mean hysterectomy Dr Kameshwari S	12.10 - 12.25 pm – Premature ovarian failure Dr Ajay Kumar
5x5 Shot – Do all septa require resection Dr Sanam Basheer	5x5 Shot – Understanding vulvodynia Dr Sangeetha D G	5x5 Shot – A rare case of an adrenal tumor in pregnancy Dr Micky Toms
12.30 - 12.40 pm Discussion	12.25 - 12.40 pm Discussion	12.25 - 12.40 pm Discussion

Plenary session :

12.40 – 1.30 pm – Dr M K K Menon oration

Orator : Dr Kim Hinshaw

Topic : Quality and safety in Obstetric practice

Chair persons : Dr V P Paily, Dr Ashwath Kumar, Dr Venugopal M, Dr Lalithambica K

1.30 – 2.30 pm Lunch

Session 4 :

Kunchan Nambiar Hall	Thakazhy hall	Vayalar hall
Lets labour with labor !	Urogynecology	Obstetric accidents
Chairpersons: Dr Sangeetha Menon, Dr Mini Balakrishnan	Chairpersons : Dr Preetha George, Dr Emy Globin	Chairpersons : Dr Kala B S, Dr Swapna Bhaskar
2.30 - 2.45 pm - Labour progression guidelines Dr Reshmi C R	2.30 – 2.45 am - Medical management of Male infertility: Addressing the unknown. Dr Venugopal M	2.30 - 2.45 pm Massive Transfusion Protocol – using Thromboelastography as a guide Dr Prasanna Kumar
2.45 - 3.00 pm - Induction of labour - lets talk new ! Dr Mumtaz P	2.45 - 3.00 pm - Avoiding urological injuries in pelvic surgery Dr Chitratara K	2.45 - 3.00 pm Still birth prevention bundle Dr Bharathi Sharma
3 - 3.15 pm - Labour analgesia Dr Chitra Ramachandran	3 - 3.15 pm - Surgical options for the nulliparous prolapse Dr Hafeez Rehman	3 - 3.15 pm Triaging acute Obstetric collapse Dr Parvathy Deth
5x5 Shot – Anaphylaxis in the LR - gut response - Dr Asha G Nath	5x5 Shot – Energy based devices in the treatment of stress incontinence Dr Kavitha L S	5x5 Shot – PMCS Dr Shony
3.20 - 3.30 pm Discussion	3.20 - 3.30 pm Discussion	3.20 - 3.30 pm Discussion

Plenary session : 3.30 – 4.30 pm

The exciting Dr B Mukherjee memorial quiz competition on General Gynecology

conducted by Dr Rejeesh Ravi and Dr Lekshmi S

4.30 – 5.30 pm KFOG General body meeting

6 pm onwards :

The evening is still young ! Entertainment galore – dine and dance by the lakeside

A banquet for all seasons

The KFOG CULTURAL EVENT is a sure dazzler !

SCIENTIFIC PROGRAM

Day 3 - Sunday Feb 11 - 2024

Session 1 :

Kunchan Nambiar hall	Thakazhy hall	Vayalar hall
Medical disorders	Little spoken of !	Mixed bag
8 - 8:30 am - Free Paper Session	Chairpersons : Dr Hema Warriar, Dr Radhamma E K	8 - 8:30 am - Free Paper Session
Chairpersons : Dr Vasantha Kumari, Dr Beena Kumari	8.15 - 8:30 am - Cosmesis in Gynecology. Dr Shruthi A G	Chairpersons : Dr Chellamma V K Dr Anasooya P S
8.30 - 8.45 am – Scoring for VTE in pregnancy Dr Ashok Kumar	8.30 - 8.45 am POC SO A cross talk on actual cases and their management Dr Gujaral P B and Dr Reena N R	8.30- 9 am Debate – Oophorectomy along with hysterectomy at 50 years Yes or No Dr Jyothi Ramesh Chandran vs Dr Sajala Vimalraj
8.45 – 9.00 am – Managing hypertensive emergencies Dr Ambarish Bhandiwad	8.45- 9.00 am – Managing pregnancies after bariatric surgery Dr R Padmakumar	
9.00 - 9.15 am – ICT + what next ? Dr Basil Mathews	9.00 – 9.15 am – Sarcopenia in the menopause Dr Lekshmi S	9.00 – 9.15 am – Mental health in pregnancy Dr Kala Pramod
5X5 Shot - The pregnancy heart team Dr Swapna C S	9.15 – 9.25 am Medical management of fibroids Dr Acka Priya Varghese	9.15 – 9.30 am Gamete preservation in the young cancer patient Dr Amita Maheshwari
9.20 - 9.35 am Discussion	9.25 - 9.35 am Discussion	9.30 - 9.35 am Discussion

Session 2 :

Kunchan Nambiar Hall	Thakazhy hall	Vayalar hall
Auto immunity	Fetal medicine	Contraception
Chairpersons : Dr Agnes Mathew Dr Rachel Alexander	Chairpersons : Dr Ajitha Raveendran, Dr Deepthi Balakrishnan	Chairpersons : Dr Sajala Vimalraj, Dr Resmi V
9.35 - 9.50 am - APLA diagnostic criteria and management Dr Radhamony D	9.35 - 9.50 am - What the Obstetrician should know about first trimester screening Dr Anusmitha Andrews	9.35 - 9.50 am - In 2024, where do we stand with the MTP act ? Dr Uma T
9.50 - 10.05 am - managing SLE in pregnancy Dr Padmanabha Shenoy	9.50 - 10.05 am - NIPT - Indications and limitations Dr Shyama Devadasan	9.50 - 10.05 am- Tailor made contraception Dr Sareena Gilwaz
10.05 - 10.20 am - The missing Essential nutrients linking maternal and fetal well being Dr Fathima Thasneem	10.05 - 10.20 am - CMA and NGS made palatable - Dr Shankar V H	10.05 - 10.25 am Sterilization vs LARC a mini debate Dr Deepti Murali vs Dr Acka Priya Varghese
	10.20 - 10.35 am - Role of genetics in the context of an abnormal sonogram Dr Sreelatha Nair	
	5x5 Shot - Have Dopplers sidelined the BPP ? Dr Rani Lakshmi	
10.25 - 10.35 am Discussion		10.25 - 10.35 am Discussion

10.35 – 10.50 am – Coffee time

Session 3 :

Kunchan Nambiar Hall	Thakazhy hall	Vayalar hall
Master class	Infertility	Mixed bag
Chairpersons : Dr Ambujam K, Dr Patsy Varghese	Chairpersons : Dr Gissy George Kurian, Dr Ashwathy Kumar	Chairpersons : Dr Deepthi M, Dr Anu Philip
10.50 - 11.05 am - A diagnosis of malignancy - what does it mean for generation next ? Dr Amita Maheshwari	10.50 - 11.35 am - Panel discussion on surgery for endometriosis for sub fertility - is it obsolete ? Moderator : Dr Raju Nair Panelists : Dr Biju Parameshwaran, Dr Minu Priya, Dr Jayakrishnan K B, Dr Nirpin Cleetus Dr Parasuram Gopinath	10.50 - 11.05 am - Which HPV vaccine and for whom ? Dr Nishi Roshini
11.15 - 11.30 am - Obstetric trends in Kerala - less births, more Cesareans and more attacks – Why ? Dr V P Paily		11.05 - 11.20 am - Isthmocele - diagnosis and management Dr Hema Warriar
11.30 - 11.50 am How to avoid litigation in your practice ? Dr M C Patel		11.20 - 11.35 am Pre op characterization of an adnexal mass Dr Maya Devi Kurup
	11.35 - 11.50 am - Creating new frontiers in the management of female fertility Dr Raju Nair	5x5 Shot – Endometrial sampling determinants Dr Neena Devasia
11.40 - 11.50 am Discussion		11.40 - 11.50 am Discussion

11.50 – 12. 45 pm Dr M Thankam memorial oration

Chairpersons : Dr V Rajasekharan Nair, Dr P K Sekharan, Sangeetha Menon

Developmental origins of health and disease - DOHaD

Dr Chitaranjan Yagnik

12.45 – 1.45pm

Young talent promotion Competition for Dr B Presennakumari endowment gold medal conducted by Dr B Presennakumari

1.45 – 2.30 pm Lunch

Session 4 :

Kunchan Nambiar Hall	Thakazhy hall	Vayalar hall
Multiple problems with multiples	Mixed bag	Infertility
Chairpersons: Dr Jayakrishnan K B, Dr Sujatha Issac	Chairpersons : Dr Bessy Binu Sam, Dr Sreekumari U	Chairpersons : Dr Thanku Thomas Koshy, Dr Prameeta Gini
2.30 - 2.45 pm - Predicting and avoiding fetal demise in MC twins Dr Pio James	2.30 - 2.45 pm The sonopartogram Dr Uma Ram	2.30 - 2.45 pm - Individualization of OI protocols for the PCOS Dr Anitha M
2.45 - 3 pm - Managing higher order multiples Dr Uma Randheer	2.45 - 3 pm - Sepsis - catch it early ! Dr Uma Ram	2.45 - 3 pm - Challenges in MIS Dr Neena Ananthan
3 - 3.15 pm - Delivering the second of the twins Dr Sujatha TL	3 - 3.15 pm - Operating laparoscopically on the obese patient Dr Ancy T Jacob	3 - 3.15 pm IUI - measures to improve pregnancy rates Dr Reshmi J R
5x5 Shot - Can multiples be prevented ? Dr Ajitha R N	5x5 Shot Carbetocin – wonder molecule - use it right ! Dr Kevin Jose	5x5 Shot - Understanding semen parameters Dr Deepthi P S
3.20 - 3.30 pm Discussion	3.20 - 3.30 pm Discussion	3.20 - 3.30 pm Discussion

3.30 – 4 pm – Valediction



VIJAYA INTERNATIONAL CONVENTION CENTRE

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Travel and Accommodation

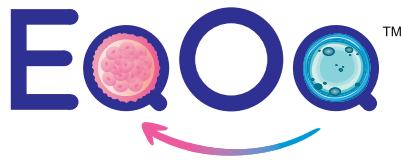
Dr Shilpa Nair : 9847318629
Dr Dona Jose : 9495785465

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