



Organised By the Thiruvananthapuram Obstetrics & Gynaecological Society  
Under the aegis of the Kerala Federation of Obstetrics & Gynaecology

# TOGSICON

An International Conference  
with a **DIFFERENCE**

**5,6,7 AUGUST 2022**

Lulu International Convention Centre - Hyatt,  
Thiruvananthapuram

## EXECUTIVE COMMITTEE

ORGANISING  
CHAIR PERSON



Dr V P Paily

CO CHAIR



Dr Geetha AP  
President TOGS

GENERAL  
COORDINATOR



Dr Venugopal M  
Secretary KFOG

ORGANISING SECRETARY



Dr Prameela  
Menon  
Secretary TOGS

SCIENTIFIC  
COMMITTEE



Dr Sareena  
Gilvaz

### Organising chair

Dr V P Paily

### Co chair

Dr Geetha A P  
Dr Aswath Kumar  
Dr Ambujam

### Organising secretaries

Dr Prameela Menon  
Dr Betsy Thomas  
Dr Resmi C R

### Joint organising secretaries

Dr. Megha Jayaprakash  
Dr. Deepthi M  
Dr. Shyama Devadasan

### Convenors

Dr Venugopal M  
Dr Ramesh Kumar P P

### Scientific committee

Dr Sareena Gilvaz

Dr Bindu Menon

Dr Neetha George

Dr Deepthi Nair

### Entertainment

Dr Thulasi Devi

Dr Divya Nair

### Treasurers

Dr Brij S Panicker

Dr Anoj Kattukaran

### Reception registration

Dr Raji Janardhanan  
Dr Sinsila

### Exhibition

Dr Hambal,  
Dr Deepak

### Travel and

### Accommodation

Dr Jitha S

Dr Sapna sreedhar

### Inauguration

Dr Lola Ramachandran

Dr Nishi Roshni

### Brochure

Dr. Marin Paulson

Dr Sunitha

Dr Sajeer

### Poster Presentation

Dr Asha Thomas

## TOGS ACADEMIA

East Suryagramam, Kizhakkumpattukara Road, Jubilee Mission Medical College P.O., Thrissur -680 005, Kerala Ph: 0487-2320233



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## OUR INTERNATIONAL FACULTY



### Dr. Anthony Griffiths Cardiff

Consultant Obstetrician  
& Gynaecologist  
Wales Teaching Hospital. U.K



### Dr. Tim Draycott

Consultant Obstetrician  
North Bristol, NHS Trust U.K



### Dr. Janesh K. Gupta

Professor OBG University  
of Birmingham  
Birmingham Women's &  
Children's Hospital, UK



### Dr. Tony Thomas

Consultant Obstetrics &  
Gynaecology  
University of Birmingham, UK

## NATIONAL FACULTY

Dr. Jaydeep Tank,  
Dr. Kurian Joseph,  
Dr. Rekha Kurian  
Dr. Jay Mehta  
Dr. Hafeez Rahman  
Dr. Sundari. N

Dr. Nuzhat Aziz  
Dr. Kameshwari  
Dr. Sunil Pandya  
Dr. Raja Maheswari  
Dr. Uma Ram  
Dr. Suresh

## STATE FACULTY

Dr. V. P. Paily  
Dr. Rema  
Dr. Vijaykumar  
Dr. Bijoy Balakrishnan  
Dr. Smitha Ramesh  
Dr. Sareena Gilvaz  
Dr. Meenu B  
Dr. Vivek K

Dr. Jyoti M  
Dr. Seneesh  
Dr. Anita  
Dr. Shyama  
Dr. Prashanth  
Dr. Boban  
Dr. Sabeela  
Dr. Raymond  
Dr. Amitha

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BACK  
AGAIN!  
LIVE

Hai friends !

Its post Covid and TOGSICON is back again From August 5th to 7th (Friday to Sunday) 2022. in person. This year we have decided on a two day live workshop coupled with the CME. A grand gala academic feast awaits you all with the best faculty ever. Our international team from UK and our national renowned faculty are out to impart the state of knowledge updates and practical tips to hone your clinical skills. Come one and all, Thrissur & the TOGSICON team awaits you.

Organising Team

## HIGHLIGHTS

- Renowned International, National and State faculty
- Live workshop on Endoscopy, Vaginal surgery, Obstetric and Fetal medicine
- Panels, Lectures, Plenary sessions and Oration on the most latest topics
- No parallel sessions - all under one roof
- Enjoy the ambience of the newly renovated Lulu International Convention Centre - Hyatt, Thrissur

## TOGSICON PROGRAMME

5  
August  
2022  
Friday

**8.30am - 1.30 pm** -Live Surgical workshop  
(transmission from Jubilee Mission Medical College Thrissur)  
Depending on availability of cases & time  
Faculty: - **Dr.V.P.Paily, Dr.Raja Maheswari,**  
Co-ordinators- **Dr.Kurian Joseph, Dr.Sareena Gilvaz**  
1. VH with PFR - fascial repairs ,  
Mc call's culdoplasty, restoration of transverse attachment in cystocele repair  
2. NDVH for previous LSCS  
3. Sacrospinous fixation in vault prolapse  
4. Midurethral sling for SUI  
5. Bartholin's cyst excision  
6. CPT repair  
7. Cervical amputation with Lap Khanna  
8. Colpocleisis  
9. Fistula repair

**1.30 to 4.30pm**  
**Endoscopy workshop**  
Faculty: - **Dr.Hafeez Rahman, Dr.Jay Mehta**  
Co-ordinators- **Dr.Kurian Joseph, Dr.Sareena Gilvaz**  
1. Masterclass in pelvic anatomy  
2. Laparoscopic hysterectomy  
3..Laparoscopy for difficult endometriosis  
4. Laparoscopic cerclage

**5.00-6.00pm**  
**Plenary session ( 20 min) each**  
1. Talk on Polyps, evidence based Management  
**Dr.Antony Griffiths Cardiff** (UK)  
2. PPH prevention & Mx  
**Dr.Tim Draycott** (UK)  
3.PROM - How to prolong latency  
**Dr.Tony Thomas** (UK)

**6.00-7.00pm**  
Inauguration  
  
**7.00-8.00pm**  
Dosa Night

## POSTER COMPETITION FOR POSTGRADUATES

Open to all PGs who have registered.  
Topic **Obs and Gynaecology**  
Abstract of 200 words  
To be send before July 20.  
Selected 5 will get chance for podium presentation  
Prizes for top 3

For details contact  
**Dr. Asha Thomas**  
Ph.95449972339  
Abstracts to be sent to  
asha.thomas17@gmail.com

6  
August  
2022  
Saturday

**8.30-1.30pm** Live Obstetric Workshop  
Faculty -**Dr.V.P.Paily, Dr.Rekha Kurian**  
Co-ordinators **Dr.Sareena Gilvaz, Dr.Nuzhat Aziz, Dr.Uma Ram**  
1. CS with Devascularisation procedures - Uterine, ovarian, Internal iliac artery ligation, Aortic clamp  
2. Compression sutures B lynch & Hayman's  
3. Transvaginal intraperitoneal cerclage  
4. Obstetric hysterectomy with aortic clamp  
5. TV UAC, PPH Cannula application  
6. Forceps application at CS  
7. Difficult Caesarean  
8. CS myomectomy

**Fetal Medicine 2-4pm**  
Approach to common clinical dilemmas  
Faculty **Dr.Suresh.S Dr.Bijoy & Team**  
1.Panel discussion on Recent trends in prenatal screening  
2.Panel discussion on Saving the small baby (FGR)

4.30 - 5 pm Tea Break

**4.30-6.00pm**  
1.Future of IOL-Mechanical osmotic dilators vsProstaglandins-  
**Dr.Janesh Gupta**-30min  
2.Sepsis panel - Case based discussion- 1hr  
Moderator-**Dr.Sareena Gilvaz**  
**Dr.Uma Ram, Dr.Nuzhat Aziz**  
**Dr.Kamesweri.S, Dr.Sunil Pandya**

**6pm - 6.30pm**  
Honouring our silent warriors and achievers

**6.30pm -7.30pm**  
Entertainment  
  
**7.30-8.30**  
Family meet & dinner

7  
August  
2022  
Sunday

**8.30-9.30am** Obstetrics (15+3)  
1.Caesarean scar ectopic -diagnosis & Mx- **Dr.Kameswari**  
2.Investigations & hemodynamics in critical care Obstetrics- **Dr.Sunil Pandya**  
3.Mx of anaemia beyond iron deficiency **Dr.Nuzhat Aziz**

**9:30-10:30 am** Mixed bag - 15 + 3  
1. Insulins in Pregnancy- **Dr.Uma Ram**  
2. Adenomyosis - Ut.sparing surgery-**Dr.P.G.Paul**  
3. Recurrent endometriosis. What does evidence say ?  
**Dr. Joseph Kurian**

1.-2 pm Lunch

**2-3pm**  
Mixed Bag  
1. Aching bones in menopause-**Dr.Sundari**  
1. Perinatal mental health -**Dr.Smitha Ramesh**  
3. Vulval lesions for the Gynecologist- **Dr.Sundari**

**11-12 Noon**  
1.Oration - 30 min  
A Walk through abortion laws & its amendments  
**Dr.Jaydeep Tank**  
2.What's troubling the ART world- The new regulations **Dr.Jaydeep Tank**- 30min

**3-4pm** Oncology  
1.Screening in gynaec cancers - updates **Dr.Rema**  
2.Familial cancer syndromes - What a gynaecologist should know- **Dr.Vijayakumar**  
3.Optimising use of the coloposcope - **Dr.Rema**

**12-1pm** Mixed Bag (15+3)  
1.Handling midlife HMB  
**Dr.Kurian Joseph**  
2.On stage Poster presentation  
3.Optimising success in PCOS pts  
**Dr.Rekha Kurian**

**4-5pm**  
Valedictory function